

Monitor

Dactylitis

What is dactylitis?

Swelling in the hands and feet.

Most common in babies and young children.

Symptoms:

- Swollen hands
- Swollen feet
- Painful to touch
- Warm

Treatment:

- Hydrate and apply warmth to the area.
- Use ibuprofen for pain.
- Call your care team if this does not resolve.

